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EAT MORE BUGS EXCLUSIVE: Natural News releases high-magnification cricket snacks, cricket flour and whole cricket microscopy photos from the lab

Thursday, February 02, 2023 by: Mike Adams

Tags: badclimate, chitin, climate cult, cricket powder, cricket protein, cricket snacks, crickets, depopulation, eat bugs, enslaved, famine, food science, food supply, Globalism, hunger, hungry, insects, meat, microscope images, obey, starvation, whole crickets

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 **58K** VIEWS



(Natural News) (Natural News exclusive) – Various forms of crickets are now being sold for human consumption as part of the disingenuous "climate cult" lunacy that pretends if enough humans eat bugs, we will change the weather.

While the meat supply chain is being destroyed by governments who claim nitrogen is evil — yes, the very same governments that still claim carbon dioxide is a pollutant even though it's the pillar of photosynthesis — we're all being told to eat

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Reference Information

Science.NaturalNews.com
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NaturalPedia.com
A free online encyclopedia of natural health knowledge from the industry's top authors and writers.

HealingFoodReference.com
A free public service to promote health freedom and empower consumers with information about the healing power of foods.

HerbReference.com
A free public service to promote health freedom and empower consumers with information about the healing power of herbs.

SupplementReference.com
A free public service to promote health freedom and empower consumers with information about the healing power of supplements.

NutrientReference.com
A free public service to promote health freedom and empower consumers with information about the healing power of nutrients.

HonestFoodGuide.org
This free to download food guide offers genuine nutritional information, not watered-down information designed to boost the sale of milk, beef and grains.

crickets and mealworms to save the planet.

See the related story, "Europeans will soon be eating bugs after mealworms get the green light from food regulators."

Right now, various forms of crickets — cricket "cheesy ranch" snacks, cricket powder and cricket protein powder — are sold on Amazon.com and labeled for human consumption.

We purchased three brands of crickets for human consumption — Cricket Bites, Entomo and Bud's — plus one brand labeled for consumption by reptiles: Fluker's.

Here's a closer look at the brands we purchased and the video microscope setup we are using at our food science lab:



We proceeded to take microscopy photographs at magnifications ranging from 50X to 300X.

Here are some microscopy photos of Entomo Farms' **Cricket Protein Powder**, which is labeled as, "The planet's most sustainable superfood." Many cricket products are also labeled dairy-free, non-GMO, paleo friendly and gluten-free.

None of them are labeled *chitin-free*, however, since they are loaded with chitin, part of the exoskeletons of crickets and bugs. Consuming chitin carries its own risks for humans and dogs, but we aren't covering that in this article.



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Here, notice how this cricket protein powder contains all the parts of the crickets: The legs, hairs, segments of eyes, excretion organs, wings and more:



Next, we feature microscopy photos of Fluker's Freeze Dried Crickets, which are labeled for consumption by reptiles. However, these appear to be the same crickets used in human consumption formulas sold under other brands.



Meet your new bug lunch:







The part of the cricket that opens and closes the rear end of the cricket to dispose of fecal matter is called the "Dorsal valve" (on top) and "Ventral valve" (on bottom). You might also call it the "poop chute claw," because it claws shut after the cricket poops.

Here's a closeup of the poop chute claw, which you're also eating if you eat crickets:



Some parts of the crickets were unidentifiable but creepy looking, resembling creatures from the movie series *Aliens*:



Don't forget your crispy wings:





Yummy leg sockets...



“Cricket Bites” Cheesy Ranch crickets for human consumption

Cricket food companies have tried to make their crunchy crickets more tasty by adding salt and flavorings. The *Cricket Bites* brand adds various spices and cheese flavorings to produce their “Cheesy Ranch” flavor. They also offer crickets in “Hickory Smoked Bacon,”

which seems a bit hilarious, given that the whole point of eating crickets is to avoid eating meat products like bacon.

This brand also uses *autolyzed yeast extract*, a flavor enhancer known to contain glutamate:



Here's what the Cheesy Ranch crickets look like up close:







Delicious eyeballs, fully intact:





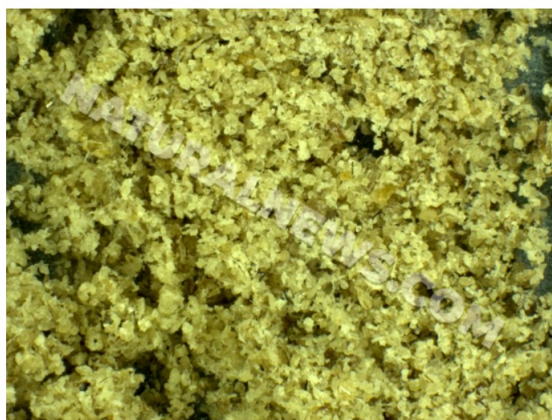
Bud's Cricket Power

When it comes to cricket food products, one thing you have to give the industry credit about is the fact that most cricket food providers aren't lying about what's in their product. A brand called *Bud's Cricket Power* is labeled as, "100% Pure Cricket Powder."

No lies. No deception. It's just ground up cricket, plain and simple. Whether you should actually *eat* ground up crickets is up to you, but at least there's no dishonest labeling at play here, unlike many processed junk food products which are wildly deceptive.



Here's what Bud's Cricket Power "100% pure cricket powder" looks like up close:







Yummy hair-like fibers are included at no extra charge:











I have a full podcast about all this, publishing Friday late morning at my channel on Brighteon.com:

<https://www.brighteon.com/channels/hrreport>

Here's what's in the podcast:

- Creepy cricket photos reveals what's really in cricket protein powders
- Welcome to the future: Eating cricket powder while driving an EV that's transporting an illegal
- AI voices and Alex Jones
- GM paying Netflix to place electric vehicles in movies and shows – PAYOLA
- Chinese spy balloon cruising over America, spying on everyone while Pentagon does nothing
- Unattractive people LOVE to wear masks... it covers the UGLY
- Mass bankruptcies strike Sweden
- Millions of Americans flee crime-ridden Democrat-run cities
- 500K workers strike in the UK
- The death of the dollar
- Two-thirds of America now living paycheck to paycheck
- UK government spies on tweets of journalists who questioned #covid narrative
- J&J tries to dismiss billions in talc lawsuits using shell company games

The podcast is also found on my channels on Bitchute, Rumble and Banned.video:

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Telegram: t.me/RealHealthRanger

Substack: [HealthRanger.substack.com](https://www.substack.com/p/HealthRanger)

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[Davos: Gates, Schwab, global elites face growing criticism of their 'master the future' agenda](#)

["Record participation" expected at upcoming WEF globalist summit in Davos – 52 heads of state scheduled to appear](#)



About the author: Mike Adams (aka the "Health Ranger") is a best selling author (#1 best selling science book on Amazon.com called "Food Forensics"), an environmental scientist, a patent holder for a cesium radioactive isotope elimination invention, a multiple award winner for outstanding journalism, a science news publisher and influential commentator on topics ranging from science and medicine to culture and politics. Follow his videos, podcasts, websites and science projects at the links below.

Mike Adams serves as the founding editor of NaturalNews.com and the lab science director of an internationally accredited (ISO 17025) analytical laboratory known as CWC Labs. There, he was awarded a Certificate of Excellence for achieving extremely high accuracy in the analysis of toxic elements in unknown water samples using ICP-MS instrumentation. Adams is also highly proficient in running liquid chromatography, ion chromatography and mass spectrometry time-of-flight analytical instrumentation. He has also achieved numerous laboratory breakthroughs in the programming of automated liquid handling robots for sample preparation and external standards prep.

The U.S. patent office has awarded Mike Adams patent NO. US 9526751 B2 for the invention of "Cesium Eliminator," a lifesaving invention that removes up to 95% of radioactive cesium from the human digestive tract. Adams has pledged to donate full patent licensing rights to any state or national government that needs to manufacture the product to save human lives in the aftermath of a nuclear accident, disaster, act of war or act of terrorism. He has also stockpiled 10,000 kg of raw material to manufacture Cesium Eliminator in a Texas warehouse, and plans to donate the finished product to help save lives in Texas when the next nuclear event occurs. No independent scientist in the world has done more research on the removal of radioactive elements from the human digestive tract.

Adams is a person of color whose ancestors include Africans and American Indians. He is of [Native American heritage](#), which he credits as inspiring his "Health Ranger" passion for protecting life and nature against the destruction caused by chemicals, heavy metals and other forms of pollution.

Adams is the author of the world's first book that published ICP-MS heavy metals analysis results for foods, dietary supplements, pet food, spices and fast food. The book is entitled [Food Forensics](#) and is published by BenBella Books.

In his laboratory research, Adams has made numerous food safety breakthroughs such as revealing rice protein products imported from Asia to be [contaminated with toxic heavy metals like lead, cadmium and tungsten](#). Adams was the first food science researcher to document [high levels of tungsten in superfoods](#). He also discovered [over 11 ppm lead in imported mangosteen powder](#), and led an [industry-wide voluntary agreement](#) to limit heavy metals in rice protein products.

In addition to his lab work, Adams is also the (non-paid) executive director of the non-profit [Consumer Wellness Center \(CWC\)](#), an organization that redirects 100% of its donations receipts to grant programs that teach children and women how to grow their own food or vastly improve their nutrition. Through the non-profit CWC, Adams also launched [Nutrition Rescue](#), a program that donates essential vitamins to people in need. [Click here](#) to see some of the CWC success stories.

With a background in science and software technology, Adams is the original founder of the [email newsletter technology company known as Arial Software](#). Using his technical experience combined with his love for natural health, Adams developed and deployed the content management system currently driving NaturalNews.com. He also engineered the high-level statistical algorithms that power [SCIENCE.naturalnews.com](#), a massive research resource featuring over 10 million scientific studies.

Adams is well known for his incredibly popular [consumer activism video blowing the lid on fake blueberries](#) used throughout the food supply. He has also exposed "strange fibers" found in [Chicken McNuggets](#), [fake academic credentials](#) of so-called health "gurus," [dangerous "detox" products](#) imported as battery acid and sold for oral consumption, [fake acai berry scams](#), the California [raw milk raids](#), the [vaccine research fraud](#) revealed by industry whistleblowers and many other topics.

Adams has also helped [defend the rights of home gardeners](#) and protect the [medical freedom rights of parents](#). Adams is widely recognized to have made a remarkable global impact on issues like [GMOs](#), [vaccines](#), [nutrition therapies](#), [human consciousness](#).

In addition to his activism, Adams is an accomplished musician who has released [over fifteen popular songs](#) covering a variety of activism topics.

[Click here](#) to read a more detailed bio on Mike Adams, the Health Ranger, at [HealthRanger.com](#).

Find more science, news, commentary and inventions from the Health Ranger at:

Brighteon.com:

[Brighteon.com/channellhrreport](https://www.brighteon.com/channellhrreport)

Diaspora: (uncensored social network)

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GAB:

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Podcasts:

[HealthRangerReport.com](https://www.healthrangerreport.com)

Online store:

[HealthRangerStore.com](https://www.healthrangerstore.com)

#1 Bestselling Science Book *Food Forensics*:

[FoodForensics.com](https://www.foodforensics.com)

iTunes:

itunes.apple.com/us/podcast/the-health-ranger-report/id1063165791

SoundCloud:

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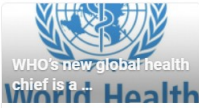
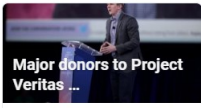

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Best Newest Oldest

- P ProudPureBlood** a day ago
Meanwhile, the insane ones pushing this insanity aren't eating crickets.
They're eating the finest cuts of beef, lamb, caviar, lobster etc.
We just have to understand that they're better than us in 🌍 world.
0 0 • Reply • Share
- chris** 4 days ago
First adding chitin to the 'new BBB diet', then offer chitinase, an enzyme which digests it into glucose, as the 'rescue'...
Will cite just the titles:
'Chitinases of human parasites and their implications as antiparasitic targets'
But the covid19 era seems to be somewhat special, because there is one publication on this connection:

'Chitin and chitosan as tools to combat COVID-19: A triple approach'.
If it is fraud, most possibly it is (can't access it though, it is not for free!!!), then that explains the cricket 'diet'. It is so similar to lies about glyphosate and its dietary presence.
0 0 • Reply • Share
- D DeportllhanOmar** 5 days ago
Wish I didn't look at the picture. Now I am nauseas. Disgusting.
1 0 • Reply • Share
- John Walker** 7 days ago
And on this topic, all we hear from those that would normally oppose this is....wait for it.....crickets.
0 0 • Reply • Share
- Jeb Stuart** 7 days ago
Someone can have my share
1 0 • Reply • Share
- James-TRUMP★WON-ben** 8 days ago
Naw. And allow me to be the one to PIN DOWN KLAUS and STUFF BUGS DOWN HIS THROAT.
1 0 • Reply • Share
- G GOLDTRADER** 6 days ago → James-TRUMP★WON-ben
and up his arse
0 0 • Reply • Share
- Crocodile_Roc** 8 days ago
"EAT MORE BUGS"
Dang ol WEF, Klaus Schwab & Bill Gates. Straight from the Devil.
1 0 • Reply • Share
- RG rachel goodkind** 6 days ago → Crocodile_Roc
Well, they look at US as bugs

👍 1 🗨️ 1 • Reply • Share ›



Crocodile_Roc → rachel goodkind

🕒 6 days ago

Good point.

👍 0 🗨️ 0 • Reply • Share ›

E

Elaine

🕒 8 days ago edited

Remember when a mouse hair in a tuna can closed down production and recalled all the run? Not anymore. Eat zee boogs!

👍 1 🗨️ 0 • Reply • Share ›

O

OlgaPosts

🕒 9 days ago

We are in the End Times.

Do you know how to get forgiven of your sins?

"...turn to God in repentance and have faith in our Lord Jesus." (Acts 20:21)

"...repent and turn to God and demonstrate their repentance by their deeds." (Acts 26:20)

Sincerely and humbly cry out to God for mercy. Turn away from your sins for they are dragging you to fiery torment. Place your 100% submissive faith in the Lord Jesus to follow him faithfully till death.

Then he said to them all: "if anyone would come after me, he must deny himself and take up his cross daily and follow me." (Luke 9:23)

"We have come to share in Christ, if indeed we hold our original conviction firmly to the very end." Heb. 3:14)

The Son of Man will send out his angels, and they will weed out of his kingdom everything that causes sin and all who do evil. They will throw them into the blazing furnace, where there will be weeping and gnashing of teeth. (Mat. 13:41-42)

👍 0 🗨️ 0 • Reply • Share ›

O

OddjobtheCat

🕒 10 days ago

Those who initiated this revolting diet of insects and those engaged in profiting from the production have a deep hostility for the human race.

👍 4 🗨️ 0 • Reply • Share ›



Captain Rabbit

🕒 10 days ago

Yep, that's about what I thought it would look like. Disgusting.

👍 3 🗨️ 0 • Reply • Share ›

SL

Sandra Lee

🕒 10 days ago

Mike, what do you think all of the whitish particles are? Your close ups show that most of the material is that. The exoskeleton would be brown or darker. Would the white stuff be 'insides'? Ick. No thanks.

👍 0 🗨️ 0 • Reply • Share ›

KS

Kieran Sleyer

🕒 10 days ago

Thank you Mike. Would you be willing to do the research to list all of the products they're secretly sneaking bugs into, so that we are better informed?

👍 1 🗨️ 0 • Reply • Share ›

RG

rachel goodkind → Kieran Sleyer

🕒 6 days ago

In the UK they are adding bugs in food and not telling consumers. The US Gov and food coporations eliminated our right to know about GMO ingredients in foods. How sweet to actually believe they will list "bugs" on the labels, cheers.

👍 0 🗨️ 1 • Reply • Share ›



Robert Housholder

🕒 10 days ago

" I Recon Not "says Josey Wales :)

👍 0 🗨️ 0 • Reply • Share ›

GS

g smith

🕒 10 days ago

Pay it back in kind whoever is burning down food facilities. Maybe they will turn on the powers that be and burn bug factories down.

👍 2 🗨️ 0 • Reply • Share ›



Captain Rabbit → g smith

🕒 10 days ago

Why do you think they're burning down real food factories? It would defeat the purpose to destroy the rubbish they think to make us eat instead.

👍 1 🗨️ 0 • Reply • Share ›



Takiwa

🕒 10 days ago

What is of great concern is when they do not disclose the actual ingredients. That's next, if not already here.

👍 2 🗨️ 0 • Reply • Share ›



rachel goodkind → Takiwa

🕒 6 days ago

They hide so much truth, and manufacturers fought to not label GMO containing foods from consumers. Years ago we avoided herbicides and pesticides by buying organic. Now, some manufacturers seem proud to show a "non-gmo" label on their foods, as if they are doing us and the environment a favor. They do not deserve my purchases and I do not trust their products.

👍 1 🗨️ 1 • Reply • Share ›



Turbo Prop

🕒 10 days ago

Leviticus 11:22

Even these of them ye may eat; the locust after his kind, and the bald locust after his kind, and the beetle after his kind, and the grasshopper after his kind.

👍 2 🗨️ 0 • Reply • Share ›



John Jackson

🕒 10 days ago

Do you know where that cricket might have been?

👍 2 🗨️ 0 • Reply • Share ›



houseofink

🕒 10 days ago

BarfoRama!

👍 2 🗨️ 0 • Reply • Share ›



Lisa Pruitt

🕒 10 days ago

No thanks!

👍 2 🗨️ 0 • Reply • Share ›



Henry Knox

🕒 11 days ago

/PUKE

👍 4 🗨️ 0 • Reply • Share ›



Jes Sparks

🕒 11 days ago

Amazing how the downvote leftist crap has made it here. I mean they hide down votes for crying out loud because it might hurt your feelings.

👍 3 🗨️ 0 • Reply • Share ›



Shannon

🕒 11 days ago

it is NOT flour-- it is just ground-up bugs...

👍 6 🗨️ 0 • Reply • Share ›



Captain Rabbit → Shannon

🕒 10 days ago

Technically, yes it is crushed dry bugs, but flour is just dried, crushed grass seeds. Almost the same thing. They can both be found in the same fields.

When you zoom in, look closely, it looks exactly like dried and crushed up bugs. magic bug powder. It can be anything. Make it into patties and call it meat. Shape it into eggs. Voila, now it is eggs. Make a loaf of bug bread, voila, French sticks. You can even use it as fishing burley.

👍 1 🗨️ 0 • Reply • Share ›



Shannon → Captain Rabbit
9 days ago

They can keep their nasssty buggy food...



0 likes 0 replies · Reply · Share



H Scott Waddle +
11 days ago

Not for me. Truly disgusting.

7 likes 0 replies · Reply · Share



Terry Johnson +
11 days ago

If they were to sneak in their nanobots into the cricket powder, would we know it?

9 likes 0 replies · Reply · Share



rachel goodkind + → Terry Johnson
6 days ago

we actually have little awareness of every nasty thing in prepared foods, especially processed foods. Stay away from every one of them. Search "senomyx", a flavor additive created from aborted fetuses...yikes

0 likes 1 reply · Reply · Share



Captain Rabbit + → Terry Johnson
10 days ago

Why would they do it with bug powder? Why not with something everybody eats? I get the impression they want people to eat their bugs. It makes no sense to harm the image of bugs, they're trying to do the opposite. Eat bugs, at least it's not got nanobots. Oh and the bugs are free of GMOs too. Yum, GMO free cricket cereal.

0 likes 0 replies · Reply · Share



rachel goodkind + → Captain Rabbit
6 days ago

They have been including FISH GENES into potatoes for many years, but most are unaware

0 likes 1 reply · Reply · Share



Terry Johnson + → Captain Rabbit
9 days ago

It was a sarcastic comment about - Can this insanity get any worse? Yes, it can.

0 likes 0 replies · Reply · Share



justpassingthru2 → Terry Johnson
11 days ago

Yum, cricket powder enhanced with spike proteins.....

0 likes 0 replies · Reply · Share



tbran10 +
11 days ago

Biden's next State Dinner should have crickets for the main course!

6 likes 0 replies · Reply · Share



Jes Sparks → tbran10
11 days ago

Specialize it to cricket poo..

0 likes 0 replies · Reply · Share



truth seeker +
11 days ago

Actually, the Bible does make mention of which bugs are okay to eat. John the Baptist did NOT eat crickets, he ate locusts. Locusts and grasshoppers are allowed. They don't contain the same kind of exoskeletons as the chitin in crickets, etc The Bible goes into detail about how to identify which bugs are safe to eat. People eat swine flesh, which is horribly toxic and disgusting, but won't eat "clean" bugs??? They eat shrimp, which is the ocean equivalent of spiders? They eat lobster,

the ocean equivalent of cockroaches? What?! Go figure!!

👍 2 🗨️ 5 • Reply • Share ›



kay truth seeker
🕒 10 days ago

Maybe you eat pig skin and shrimp and probably lobster too - big spiders.

👍 0 🗨️ 0 • Reply • Share ›



DHDM truth seeker
🕒 10 days ago

Yes chitin is the issue

👍 3 🗨️ 0 • Reply • Share ›



1FSJ truth seeker
🕒 10 days ago

Nonsense, prove what you say!

👍 0 🗨️ 0 • Reply • Share ›



Kevin A Grumpy Old Man 1FSJ
🕒 10 days ago

Turbo Prop
10 hours ago

Leviticus 11:22

Even these of them ye may eat; the locust after his kind, and the bald locust after his kind, and the beetle after his kind, and the grasshopper after his kind.

👍 1 🗨️ 0 • Reply • Share ›



rachel goodkind Kevin A Grumpy Old Man
🕒 6 days ago

The "locust" mentioned in the bible refers to the fruit of the carob, a pod that is completely edible and a chocolate substitute. The bible has many mistranslations and assumptions within it by those who rewrote it in 4c.

👍 0 🗨️ 1 • Reply • Share ›



Jes Sparks truth seeker
🕒 11 days ago

Where does it say it is okay? It just said he ate them. Jesus did not eat bugs.

👍 4 🗨️ 0 • Reply • Share ›



CardinalDoctrines

Yecch! I already refused to eat crickets. You didn't need to convince me!

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Elaine Woodriff

Time to go vegetarian.

👍 5 🗨️ 1 • Reply • Share ›



rachel goodkind Elaine Woodriff
🕒 6 days ago

or even better, become an anti-speciesist, love, honor, and respect animal life, and eat only plants

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